## DeColores Montessori Gourmet Tea List

All teas come in loose leaf form. Tea ball infusors can be purchased for \$2.00 each. 100% of all profits go to DeColores.

Herbal Teas 1/2 Pound

**Herbal Peppermint Tea**: Our organic peppermint tea will take your breath away and is certified Kosher.

Peppermint is one of the oldest known herbs. In fact, it has been found in 3000 year old Egyptian tombs. The Japanese cultivated it 2000 years ago as a source of menthol and it is still used today as the primary ingredient in many commercial medicinal remedies. Peppermint has been known to relieve gastrointestinal disorders, local aches and pains, and to reduce stress.

\$7.00

**Yerba Mate Tea**: Beneath the rainforest canopy in South America, the Guarani Indians have been drinking the steeped juice of the leaves of the wild yerba tree-bush for centuries. They cite numerous health benefits, including increased immune system strength, improved digestion, stress reduction, and stimulation of mental processes.

In 1964 the Pasteur Institute and the Paris Scientific society concluded "it is difficult to find a plant in any area of the world equal to Mate in nutritional value" and that Yerba Mate contains "practically all of the vitamins necessary to sustain life."

Today, over 300,000 tons of Yerba Mate is produced yearly for consumption in Brazil, Argentina, Uruguay, and Paraguay. It is truly the South American passion!

Yerba Mate comes from a tree, "Ilex Paraguariensis", cultivated in South America. The yerba is the leaves; dried and crushed to make a tea-like herb. You may add sugar or honey to sweeten the Yerba as the Argentineans do. Or drink it plain as the majority of South America does.

\$8.00

Emporers Ying's Feel Good Tea Looking for something to help you through that cold dreary winter? Emperor Ying's Feel Better Tea will certainly make the cold season a bit more manageable. High in vitamin C and other vitamins and minerals Emperor Ying's tea will keep you from feeling worn down. Because it is high in antioxidants the Feel Better Tea will also give you that boost you need when you feel a cold coming on. Not only does Emperor Ying's feel better tea rejuvenate you and promote better health, but it has a delicious refreshing Minty flavor as well.

Known for its amazingly clean crisp aroma, mint also aids in the treatment of asthma, congestion, allergies, as well as many digestive issues. Mint can also naturally induce sweating when taken with fever, naturally bringing the body temperature down. Make sure that when this tea is steeped, it is covered to prevent valuable volatile oils from evaporating.

Jamie R. says this about Feel Better Tea..."I just had to share with everyone that

\$10.00

Emperor Ying tea is a staple item in my house. The minute one of us starts with a cold, it's the first thing we reach for. Without the medicinal side effects, the next day we wake up better. It's just awesome!"

Serve it up nice and hot in the winter to sooth and relax you. Throw it over some ice in the summer and the cold minty fresh taste will perk you up and keep you going. Don't wait until you feel bad to try it, enjoy Emperor Ying's feel good herbal tea anytime!

**Rooibos (Red Bush) African Tea** Rooibos tea comes from the South African Red Bush. This tea has a unique, very enjoyable herbal flavor - very much unlike anything else you have tried.

Rooibos tea contains no caffeine and no added colors or preservatives, making it a natural beverage. Rooibos has been shown to aid in health problems such as insomnia, irritability, headaches, nervous tension, and hypertension.

Studies also show that this tea contains anti-spasmodic agents, which can relieve stomach cramping and colic in infants.

In South Africa, Rooibos is used to treat allergies, hay fever, asthma, and eczema and irritated skin very effectively by being brewed, cooled, and placed directly on infected areas.

Rooibos contains anti-oxidants which can help slow the aging process and boost the immune system. It also contains the minerals, copper, iron and potassium, calcium, fluoride, zinc, manganese, alpha-hydroxy (for healthy skin) and magnesium (for the nervous system).

\$11.00

Flavored Teas	1/2 Pound
Apple Spice	\$6.00
Apple	\$6.00
Apricot Blend	\$6.00
Black Currant	\$6.00
Blackberry	\$6.00
Blueberries & Cream	\$6.00
Blueberry	\$6.00
Chocolate Mint	\$6.00
Clove	\$6.00
Kiwi Strawberry	\$6.00
Lemon Spice	\$6.00
Mandarin Orange	\$6.00
Mango	\$6.00
Orange Blossom Spice	\$6.00
Passion Fruit	\$6.00
Peach Peppermint	\$6.00
Peach	\$6.00
Peppermint	\$6.00
Raspberry	\$6.00

Sassafras Strawberry Peach Sweet Cherry Sweet Orange Tangerine	\$6.00 \$6.00 \$6.00 \$6.00 \$6.00
Tisanes  Tisanes are a blend of dried herbs, fruits and natural flavors and have a terrific taste and aroma. They also make a phenomenal iced tea. Hibiscus leaves and rosehip are used throughout these herb and fruit blends, which gives added benefit of naturally occurring vitamin C. Tisanes are any beverage that is brewed like a tea.  Apricot Supreme Tisane: This fruit tisane contains peach, apricot, rosehips, hibiscus leaves, and marigold petals.	1/2 Pound \$9.00
Angel Falls Mist Tisane: This fruit tisane contains rosehips, hibiscus leaves, strawberry, and lemon. Enjoy!  Bella Coola Tisane: Rosehips, hibiscus leaves, orange, and pineapple.	\$9.00 \$9.00
Berry Berry Tisane: Black & Red Currants, raisins, rose hips, hibiscus leaves	\$9.00 \$9.00
Blue Eyes Tisane: Orange, apple, rosehips, and hibiscus leaves.  Cranberry Apple Tisane: Cranberry, apple, rosehips, hibiscus leaves	\$9.00
Lady Hannah Whole Fruit Tisane: Blackberries & strawberry pieces, rosehips, hibiscus leaves	\$15.00

\$9.00

Lemon Mango Tisane: Mango, lemon, apple, hibiscus leaves, rosehips